

Berkley Parks & Recreation

Zumba® Kids

Ages 7-11 Mondays

5:45 - 6:30 pm

Winter 1 - January 7th

Six weeks \$31



Perfect for our younger Zumba® fans!

Kids get the chance to be active & jam out to their favorite music. Zumba® Kids classes feature kid-friendly routines based on original Zumba® choreography. We break down the steps and games, activities and cultural exploration elements into the class structure.

No class on January 21st or February 14th

Zumba® Kids helps to develop a healthy lifestyle and incorporate fitness as a natural part of children's lives.

Classes incorporate key childhood development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, balance and cultural awareness.

Instructor Linda Johnson

add \$5 for non-residents

Berkley Community Center

2400 Robina Avenue

248-658-3470

Register today at berkley.maxgalaxy.net